



“Step Out: Walk to Stop Diabetes”

Queen Kapiolani Park

Saturday, March 19, 2016

7 AM Registration | 8 AM Walk Starts

An event of the American Diabetes Association

THE MISSION

The American Diabetes Association is the nation's leading nonprofit health organization providing diabetes research, information, and advocacy. The mission of the organization is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. To fulfill this mission, the American Diabetes Association: funds research, publishes scientific findings, provides information and services to people with diabetes, their families, health care professionals, and the public.

OVERVIEW

Step Out: Walk to Stop Diabetes is held to raise awareness and funds for diabetes research and educational programs for people affected by prediabetes and diabetes. It is a one-day event where friends, family, schools, churches, clubs, organizations, and coworkers come together to enjoy a morning of exercise (casual walking) and local entertainment.

RED STRIDERS

Red Striders are children and adults living with type 1, type 2 or gestational diabetes. They're the reason we continue to fight for federal funding, against discrimination, and to raise funds for a cure. This year, over 200 Red Striders visited the Red Striders tent and were recognized with a Red Striders Cap and a Stop Diabetes tag!

HOW IT WORKS

The Walk will start at 8:00 AM on Saturday, March 19, 2016. On event day, individuals and teams who have registered will gather to walk a 2.3 mile course. The Walk kick-off program begins at 7:15 AM, Step Out warm up at 7:30 AM, and walk starts at 8:00 AM. Top teams and sponsors will be recognized for their fundraising efforts upon returning to the park. Individuals will enjoy refreshments and live local entertainment, as well as participate in activities throughout the park. Challenge yourself at the Keiki Tent and educate your mind at the Health Fair.

As a Step Out: Walk to Stop Diabetes team, you can provide support through the following:

- Generate excitement for your team
- Encourage 100% online registration (if possible) at diabetes.org/stepouthawaii
- Create a prize structure to reward participants for monies raised
- Design and distribute a “walk” team shirt for participants to wear the day of event and enter the t-shirt contest.

For more information please contact Danielle Tuata, Director: 947-5979 ext. 7042 or dtuata@diabetes.org.

Register at diabetes.org/stepouthawaii.





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2016 Event at a Glance

Corporate Recruitment Chair: TBD
Number of Expected Participants: 3,000+
Fundraising Goal: \$410,000
Venue: Queen Kapiolani Park

2015 Event Overview

Corporate Recruitment Chair: Scott Sutton, District Manager, Walgreens
Number of Participants: 2,500
Raised: \$410,000+

2015 Corporate and In-Kind Sponsors

731 Photography	Dole	KITV 4	Pier 41
808 Visual Images	Ernst & Young, LLP	KN Landscape	Plumbers and Fitters UA Local Union 675
Accel Party Rentals	Family of Henry Shoichi Nihei	Kaiser Permanente	R.M. Towill Corporation
Airgas Gaspro	Family of George Ione Landford, Jr.	Kalaeloa Partners, LP	RollOffs Hawaii
Alaska Airlines	Family of Stephen Reelitz	Kamehameha Schools	Safeway Foundation
Aloha Island Leis	First Hawaiian Bank	Kimura Beniga Meade Group – Merrill Lynch	Sanofi-aventis
Aloha Petroleum, Ltd.	FICOH (Foundation)	KUMU – 94.7 (Ohana Broadcast)	Seven-Eleven Hawaii
Aloha Shoyu	Friends of Danny Mateo	Laborers' International Union of North America, Local No. 368	Sheet Metal Workers' I.A. Local Union 293
ALSCO	G4S Secure Solutions	Lau Ola Clinic	Sheraton Waikiki
AMR	Grace Pacific Corp.	Lend Lease	Starbucks
Armstrong Foundation	Hawaii Gas	Lex Brodie's Tire Company	St. Francis Healthcare System
AstraZeneca	HMAA	Mark E. Tafoya, M.D. of Pacific Retina Care	Tanioka's Charity Foundation
Atlas Insurance Agency	Hawaii News Now	Martin & MacArthur	The Caregiver Foundation
B-Homecare	Hawaii Optometric Association	Meadow Gold	The Gentry Companies
Bank of Hawaii	Hawaii Pacific Health	MDX Hawaii	The Islander Group
Bowers + Kubota Consulting	Hawaii USA Federal Credit Union	MW Group, Ltd.	The Queen's Health Systems
Cades Schutte, LLP	Hawaiian Eye Center	Mufi Hannemann	Times Supermarkets
Castle Medical Center	Hawaiian Memorial Life Plan	Navatek Boat Builders	Toshiba Business Solutions
Chevron	Hawaiian Isles Water Company	Newman's Grant	UHA Health Insurance
City Mill Company, Ltd. / Chung	Honolulu Star Advertiser	Novo Nordisk Inc.	United Truck Rental
Kun Ai Foundation	Horizon Lines	OHA	UPW
DHX – Dependable Hawaiian Express, Inc.	IBEW Local 1186	Ohana Bounce	US Med Urgent Care Pearl City
Desert of Hawaii	iDcard	Pacific Transfer	Walgreens
Diagnostic Laboratory Services	Innovative Insurance Resources	Pint Size Hawaii	Zilber Family Foundation
Dignity / Hawaiian Memorial Life Plan, Ltd.	James Haruji Tamura and Fumiko Tamura Foundation		
	John Henry Felix		

2015 Walk Teams

ABC Stores	Kaiser Thrive Team	Team Island Movers
APFCU Ohana	Kaiser WELLNESS WARRIORS... FIT HAPPENS	Team Krystal
Baby Steps	Kamehameha Schools	Team Kuakaini
BoomBoom	Leann's Loves	Team Loui
BoomShakalaka!	Lend Lease	Team MASH
C&S	MDX Hawaii	Team Mililani Alums
Cades Schutte In Motion	Make a Change QMC Rehab	Team Novo Nordisk
DLS	OHA	Team OHA
FICOH	Ohana Health Plan	Team Red
Farmers Team	One Step at a Time	Team Reelitz
Fiu Family	Pacific Ocean Chapter BIG	Team Toshiba
Foodland #10	Pacific Transfer	Team Walmart
GRIT! is Y	Patty's Positive Pacers	Team Yes
God 1 st	Queen's Care Bears	The Footloose Crew
Goodsill Anderson Quinn & Stifel	Queen's Tsuda, Coulda, Woulda	Times Supermarkets
HMAA	Queen's Team	Tommy Tiger Sharks
Hanamaika'i Ohana	R.M. Towill Corporation	UHA Health Insurance
Hawaii Gas	Ricans	UHWO Accounting Club
Hawaii National Bank	Slow But Steady	US Med Urgent Care Pearl City
Hawaii Pacific Health	State Laboratories Division	Waikiki Health
HawaiiAZ	Sugar Stompers	Walgreens
Hawaiian Airlines Team Kokua	TEAM 7-Eleven Hawaii	Walmart Kapolei
Hawaiian Eye Center	Takbir Temple No.227	YMCA of Honolulu
Hawaiian Isles	Team Atlas	da monstah squad
Healthways Hawaii	Team City Mill	rockstars
JCHS, NJROTC	Team Dignity Hawaii	teamBubba
JEV-SEH	Team Grace Pacific LLC	
Juice Plus Aloha	Team Gray	
KMH	Team HCAP	
Kaimana and Kai'olu DeRamos	Team IBEW Local 1186	