

# The Burden of Diabetes in MARYLAND



## Diabetes is a huge problem in the United States.

More than **30 million Americans** have diabetes and face its devastating consequences. What's true nationwide is also true in Maryland.



Approximately **638,000** people in Maryland or **12.8%** of the adult population, have diabetes. Of these, an estimated **156,000** have diabetes and don't know it, greatly increasing their health risk.



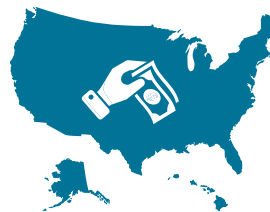
**1,634,000** people in Maryland have prediabetes — a condition in which blood glucose levels are higher than normal but not high enough to be diagnosed with diabetes.



Diabetes is expensive. People with diabetes have medical expenses approximately **2.3 times** higher than those who do not have diabetes.



Every year, an estimated **28,000** people in Maryland are diagnosed with diabetes.

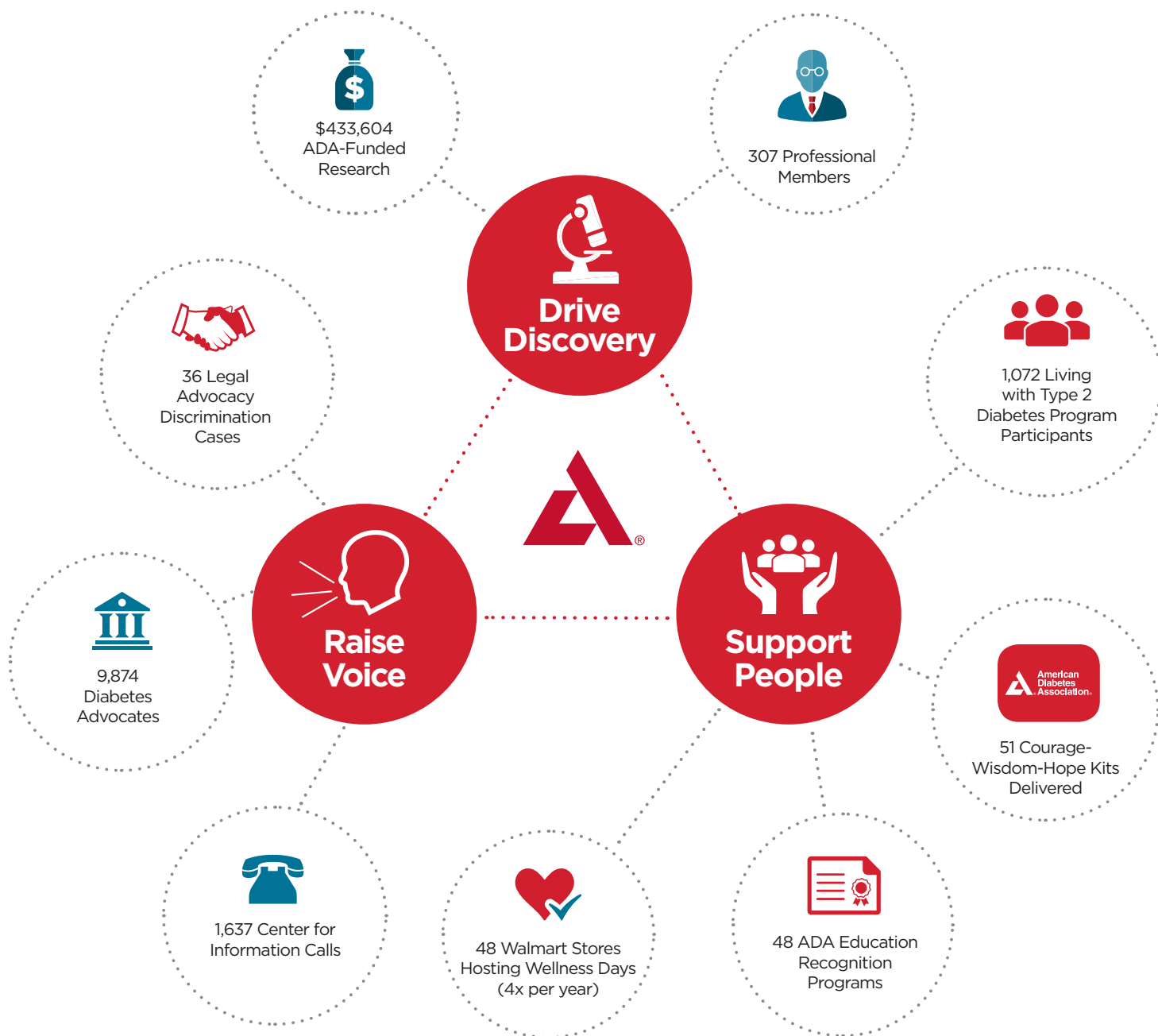


Diagnosed diabetes costs an estimated **\$7 billion** in Maryland each year.

# The Impact of the ADA in MARYLAND



The ADA unites the power of **scientists, health care providers, individuals, families, policymakers, corporations, and charitable organizations** across Maryland to advance diabetes treatment and prevention, find cures and improve lives. 90¢ of every dollar is donated to back to Maryland's local efforts that help us drive discovery, raise voice, and support people:



Based on 2017 Data