

RETURN ADDRESS: AMERICAN DIABETES ASSOCIATION, SERVICE CENTER, 1701 NORTH BEAUREGARD STREET, ALEXANDRIA, VA 22311

I will Step Out in: CITY                STATE

**CONTACT INFORMATION**

PREFIX   SUFFIX   DATE OF BIRTH   -   -   HOME ADDRESS   WORK ADDRESS

FIRST NAME     M.I.  LAST NAME

STREET NUMBER     STREET NAME

CITY       STATE   ZIP

COMPANY NAME

HOME PHONE   -   -   WORK PHONE   -   -

EMAIL ADDRESS

Sign me up to use the online fund-raising tools using the e-mail address provided above. *This will also allow us to save valuable funds otherwise spent on postal mail.*

I am walking and joining the fight against diabetes by making a personal contribution.

I am unable to walk but will support the fight against diabetes by making a personal contribution.

**I WOULD LIKE TO MAKE A DONATION** \$

CHECK  (Payable to American Diabetes Association) EXP   -

CARD NUMBER

CARDHOLDER'S SIGNATURE: \_\_\_\_\_

CREDIT CARD BILLING ADDRESS: \_\_\_\_\_

**EVENT INFORMATION**

MY FUND-RAISING GOAL IS: \$

T-SHIRT SIZE:  S  M  L  XL  XXL  XXXL

**TEAM INFORMATION**

I'm interested in **starting** a team  I'm interested in **joining** a team

TEAM TYPE: FAMILY/FRIEND  CORPORATE  CLUB/ORGANIZATIONAL

TEAM NAME

TEAM CAPTAIN

**EMERGENCY CONTACT INFORMATION**

FULL NAME

PHONE NUMBER    -   -

**HOW DID YOU HEAR ABOUT STEP OUT?**

- MAIL/POSTCARD  STORE DISPLAY  E-MAIL  FAMILY/FRIEND
- COMMUNITY EVENT  POSTER  AD\*  OFFICE

\*Please specify publication: \_\_\_\_\_

**DO YOU OR A LOVED ONE HAVE DIABETES?**

- SELF**  TYPE 1  TYPE 2  PRE DIABETES
- SPOUSE**  TYPE 1  TYPE 2  PRE DIABETES
- PARENT**  TYPE 1  TYPE 2  PRE DIABETES
- CHILD**  TYPE 1  TYPE 2  PRE DIABETES
- OTHER**  TYPE 1  TYPE 2  PRE DIABETES

**LEARN MORE ABOUT ADA AND ITS SUPPORTERS**

- Yes, I'd be interested in receiving special offers and/or information related to preventing and managing diabetes from companies that support the mission of the ADA.
- Yes, I want to become a Diabetes Advocate! Please send me Action Alerts. (E-mail required)
- Yes, I'd like to receive *Diabetes E-News Now!* and a free copy of *Diabetes Forecast*, ADA's official publication. (E-mail required)



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